



KEYNOTE SPEAKER · CORPORATE COACHING

Robert Mack

POSITIVE PSYCHOLOGY EXPERT · EXECUTIVE COACH · BESTSELLING AUTHOR

Ivy League-educated. **Former Deloitte management consultant.** Oprah-endorsed. Bestselling author. Robert brings **20+ years of positive psychology** to the world's biggest stages and boardrooms.

Authentic Happiness. Effortless Success.

Rigorous science, soulful wisdom, and unforgettable storytelling — delivered with the polish of a national TV host.

— WHAT YOUR TEAM TAKES HOME

Stress less

— SIGNATURE KEYNOTES

Happiness Intelligence ★ FLAGSHIP

Feel Better, Do Better

Success doesn't lead to happiness — happiness leads to success.

Stress, Anxiety & Burnout

Stress Less, Succeed More

Stress doesn't sustain success — it sabotages it.

Lazy Intelligence

Do Less, Achieve More

Stop majoring in minor things — and master what truly matters.

Executive Presence

Command Any Room

Charisma isn't just about competence — it's about confidence.

Difficult Conversations

Talk to Anyone About Anything

Hard conversations don't have to be.

Perform better

Persuade powerfully

Succeed effortlessly

— TRUSTED BY

Google · Apple · Microsoft · Salesforce · LinkedIn · Marriott · Johns Hopkins All Children's Hospital · and **100+ more**

— CREDENTIALS & MEDIA

- **MAPP, University of Pennsylvania**; faculty, Institute for Integrative Nutrition
- **Former management consultant, Deloitte**
- Author, *Happiness from the Inside Out* (foreword by Vanessa Williams) and bestseller *Love from the Inside Out*
- Co-Host, *El's Famously Single*; Executive Producer & Co-Host, *Good Morning LaLa Land* (Apple TV, Hulu)
- Featured on GMA, Today, CBS Mornings, Entertainment Tonight, Access Hollywood, PBS, KTLA; in GQ, O Magazine, Cosmopolitan, Glamour
- Corporate spokesperson — Microsoft, Carnival

20+

YEARS ON STAGE

120+

ORGANIZATIONS SERVED

2

BESTSELLING BOOKS

TV

HOST & PRODUCER



IN CONVERSATION — NATIONAL TELEVISION

"We've partnered with experts from Jimmy Fallon to Bobbie Thomas. Robert was outstanding — the best we've worked with."

CHIEF MARKETING OFFICER · MICROSOFT

"Robert was everything we were looking for and more. Our only wish is that we would've found him sooner."

CHIEF MARKETING OFFICER · CARNIVAL CRUISE LINE