KEYNOTE SPEAKER · CORPORATE COACHING

Robert Mack

POSITIVE PSYCHOLOGY EXPERT · EXECUTIVE COACH · BESTSELLING AUTHOR

Ivy League–educated. **Former Deloitte consultant.** Oprah-endorsed.
Robert brings **20+ years of positive psychology** to the world's biggest stages and boardrooms.

Authentic Happiness. Effortless Success.

Rigorous science, soulful wisdom, and unforgettable storytelling — delivered with the polish of a national TV host.

WHAT YOUR TEAM TAKES HOME

Stress less | **Perform better** | **Persuade powerfully** | **Succeed effortlessly**

SIGNATURE KEYNOTES · CUSTOM WORKSHOPS AVAILABLE

Happiness Intelligence ★ FLAGSHIP
Feel Better, Do Better
Success doesn't lead to happiness — happiness leads to success.

Executive Communication
Be Brief. Be Bold. Be Gone.
Lead with the lead, speak in soundbites, and leave them wanting more.

Stress, Anxiety & Burnout
Stress Less, Succeed More
Stress doesn't sustain success — it sabotages it.

Lazy Intelligence
Do Less, Achieve More
Stop majoring in minor things — and master what truly matters.

Executive Presence
Command Any Room
Charisma isn't just about competence — it's about confidence.

Difficult Conversations
Talk to Anyone About Anything
Hard conversations don't have to be.

TRUSTED BY

Google · Apple · Microsoft · Meta · Disney · Coca-Cola · American Express · Deloitte · Hilton · LinkedIn · and 100+ more

CREDENTIALS & MEDIA

- **MAPP, University of Pennsylvania**; faculty, Institute for Integrative Nutrition; LinkedIn Learning instructor
- **Former management consultant, Deloitte**
- Author, *Happiness from the Inside Out* (foreword by Vanessa Williams) and bestseller *Love from the Inside Out*
- Co-Host, E!'s *Famously Single*; Executive Producer & Co-Host, *Good Morning LaLa Land* (Apple TV, Hulu)
- Featured on GMA, Today, CBS Mornings, Entertainment Tonight, Access Hollywood, PBS, KTLA; in GQ, O Magazine, Cosmopolitan, Glamour
- Corporate spokesperson — Microsoft, Carnival

20+	120+	2	TV
YEARS ON STAGE	ORGANIZATIONS SERVED	BESTSELLING BOOKS	HOST & PRODUCER

IN CONVERSATION — NATIONAL TELEVISION

"We've partnered with experts from Jimmy Fallon to Bobbie Thomas. Robert was outstanding — the best we've worked with."
CHIEF MARKETING OFFICER · MICROSOFT

"Robert was everything we were looking for and more. Our only wish is that we would've found him sooner."
CHIEF MARKETING OFFICER · CARNIVAL CRUISE LINE

HAPPY EMPLOYEES ARE

31%	37%	3×
MORE PRODUCTIVE	HIGHER SALES	MORE CREATIVE

Sources: Achor, Harvard Business Review (2012); Cranston & Keller, McKinsey Quarterly (2013)

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KEYNOTES · COACHING · MEDIA

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